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Acoustics of Portuguese Romanesque churches

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ABSTRACT

This paper summarizes the results of recent measurements in ten very typical Romanesque churches in the North of Portugal to acoustically characterize this type of building. In situ measurements were done regarding Reverberation Time (RT) and Rapid Speech Transmission Index (RASTI) in empty churches. The results are presented and compared with seven architectural characteristics of the churches (area, volume, ceiling height, length, width, etc.). Statistical correlations and prediction equations are presented among those seven architectural parameters and the two acoustic parameters measured (RT and RASTI). Values up to 0.91 were found for the related R^2 coefficients.

Keywords: Reverberation Time, RASTI, churches

1. INTRODUCTION

The word *church* can have multiple meanings. It can be regarded as an institution, a group of people that take the word of God as a reference and guidance, or it may be considered as a building, where the physical and aesthetical aspects are used to form an adequate location of prayer.

Nowadays, the design of a church considers its Acoustic as one of the strongest, if not the main, priority since this concept must acknowledge all its activities and routines (meditation, speech and music). As a building, a church requires moments of silence as well as moments in which the congregation will need to understand effectively what the orator communicates.

Romanesque architecture was born in the 10th century. After a kind of political stabilization, Western Europe emerges as a consequence of a new society, with demographic expansion, increased mobility, economic growth and significant social and cultural changes. The term *Romanesque* was first written in 1817 by historian C. Gerville, influenced by the culture of the Roman Empire (1).

The building system that defines the Romanesque architecture begins to be defined shortly after the middle of the 11th century. It is in the regions of Burgundy, Languedoc, Auvergne and the Southwest of France plus the kingdoms of Navarre and Castile, which resides the true original artistic creation of this period. (2)

The Portuguese Romanesque style has rural characteristics and is linked to the construction of smaller churches. Depending on the region, these churches would vary in terms of technical quality as well as formal and decorative wealth. The raw materials that were used to construct such churches were the ones more available to each region. In the North of Portugal, it was the general use of granite, in the Center limestone and to the South, brick and *taipa* (a kind of earth structure) (3).

2. METHOD

2.1 Sample

For the execution of this project, certain church features and conditions were chosen among a significant sample, in order to evaluate the acoustic aspects of Romanesque churches. Ten specific churches (show in Table 1 with their respective geometric parameters, and Figures 1 to 6), belonging to the *Rota do Românico do Vale do Sousa*, a cultural and touristic route whose main purpose is to promote, preserve and enhance the architectural heritage (6), in the North of Portugal, were chosen to

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represent this type of building. In order to select the sample, the churches should gather some specific characteristics:

- Be clearly identified as *Romanesque*, with an important historic background;
- Contain the architectonic and decorative aspects that deeply describe this style;
- Are in full working order, in other words, are not abandoned or in ruins;
- Use granite as the main construction material (walls and facades);
- Be stripped of most interior ornaments and furniture, from earlier periods, as much as possible.

Changle	V	S	Н	W	L	Vn	Ln
Church	Volume	Surface	Maximum	Width	Length	Volume	Length
GPS	(m ³)	area (m ²)	Height (m)	(m)	(m)	nave (m ³)	nave (m)
AIRÃES	1240	200	0.55	12.60	20.40	1111	12.40
41.315055,-8.198615	1249	209	9.55	13.00	20.40	1111	13.49
CETE	1515	155	11.90	5 40	28 70	1201	20.20
41.180636,-8.366329	1515	155	11.80	5.40	28.70	1201	20.20
ESCAMARÃO	724	102	בד ד	6.20	18.00	506	12.20
41.065948,-8.257106	/24	105	1.15	0.20	18.90	390	12.50
FERREIRA	2057	220	14.40	<u>۲</u> ۲ ۹	20.40	2400	10.40
41.264871,-8.343731	2937	230	14.40	0.//	29.40	2400	19.40
GONDAR	786	110	7.05	6.60	20.25	676	12.54
41.263531,-8.031465	/80	119	7.05	0.00	20.33	020	13.34
ISIDORO	571	97	756	5 72	17.20	111	10.25
41.207773,-8.143906	374	07	7.50	5.75	17.32	444	10.23
P. SOUSA	6028	546	16.80	15.00	43.00	1561	25.10
41.166071,-8.344658	0028	540	10.80	13.90	43.00	4304	23.10
TELÕES	1200	150	0.46	7.60	22.40	1196	17.00
41.310148,-8.108097	1390	139	9.40	7.00	23.40	1100	17.00
TRAVANCA	2801	330	12.80	14.60	28.00	2547	20.30
41.277676,-8.192871	2001	550	12.00	14.00	20.00	2347	20.30
V. VERDE	300	61	7 09	5 27	13 25	202	7.80
41.304861,-8.182076	377	01	/.00	5.57	13.33	293	/.00

Table 1 - Analyzed churches, GPS locations, and their geometric parameters



Figure 1 - Airães church



Figure 2 - Ferreira church



Figure 3 - Cete church



Figure 4 - Escamarão church





Figure 5 - Gondar church

Figure 6 - Paço de Sousa church

2.2 Investigation

Two types of *in situ* measurements were done during April 2019: Reverberation Time (*RT*) and Rapid Speech Transmission Index (*RASTI*). *RT* values were measured in 1/3 octave bands in each of three set points within each church (Figure 7). *RASTI* values were studied in each of nine different set points within each church (Figure 8), that were divided into three specific zones (*front, middle* and *back*) as a function of church length, in order to understand the depth of decay and mean *RASTI* for each of these zones. The equipment used was a sound level meter B&K 2260 B&K, a sound source B&K 4224 and *RASTI* B&K 4419 and 4225.

The ideal RT average value in Catholic churches should be approximately 1.0 s (for speech), while for music this value should increase to around 2.0 s or a little more (for example, for organ music). *RASTI* values should be as high as possible in order to achieve suitable speech perception, although values above 0.50 would be acceptable in these cases (4).





Figure 7 (left) – The three typical *RT* measurement positions in each church, *SS* (sound source)
Figure 8 (right) – The nine *RASTI* measurement positions in each church, *SS* (sound source), (points 1, 2 and 3 are in zone named *front*; 4, 5 and 6 in zone *middle*; 7, 8 and 9 in zone *back*)

3. RESULTS

3.1 Reverberation Time

Figure 9 displays the mean RT results obtained from the three measurement points in each church (in total six measurements were used in each point) and Table 2 shows the mean RT results. Through the analysis of the mean RT values (Figure 9), a decrease from low to high frequencies is observed. This phenomenon occurs in every church, but it is particularly revealed in ones with larger volumetric dimensions, such as the Ferreira, Paço de Sousa, Cete, and Travanca churches, as they present a higher sound absorption. The slight decrease in RT values observed in some low frequencies, namely between the 100 and 250 Hz 1/3 octave bands, could be caused by the sound absorption of the existing materials (such as wooden ceilings, paving and ornaments).



Figure 9 - RT values for each 1/3 octave bands in all ten churches of the sample.

Table 2 - Mean <i>R1</i>	values for each	n octave band	(arithmetic	mean of t	he three l	bands of the	correspondin	g
1/3 octave band	d) and mean <i>R1</i>	values betwe	en 400 and	1250 Hz (average of	of six 1/3 oc	tave bands)	

Church	Frequency (Hz)						
Church	125	250	500	1k	2k	4k	RT _{avg} (400-1.25k Hz)
AIRÃES	1.46	2.06	2.54	2.49	2.29	1.75	2.51
CETE	3.03	2.70	3.21	2.97	2.78	2.13	3.09
ESCAMARÃO	1.30	2.04	2.51	2.48	2.20	1.71	2.49
FERREIRA	4.74	4.00	3.49	2.97	2.61	1.88	3.23
GONDAR	1.61	1.34	1.76	2.37	2.16	1.63	2.07
ISIDORO	1.56	1.77	2.23	2.09	1.93	1.53	2.16
P. SOUSA	2.29	2.33	2.95	3.13	3.00	2.23	3.04
TELÕES	1.89	2.39	2.65	2.56	2.26	1.83	2.60
TRAVANCA	3.07	2.39	2.74	2.90	2.50	1.92	2.82
V. VERDE	1.40	1.53	1.51	1.76	1.65	1.36	1.64

3.2 RASTI

Table 3 and figure 10 show the mean *RASTI* results obtained in each of the ten churches. *RASTI* results were compared according to the usual classification conversion table relating to speech intelligibility, as stated in CEI 268-16 that categorizes *RASTI* results on a subjective scale. For values 0 to 0.3 the predicted speech intelligibility is *poor*; 0.30 to 0.45 is *mediocre*; 0.45 to 0.60 is *fair*; 0.65 to 0.75 is *good* and for 0.7 to 1.0 is *excellent* (8).

Once the *RT* values are analyzed it can be verified that the churches with larger dimensions present a *mediocre* mean *RASTI*, particularly Paço de Sousa and Ferreira, with a *RASTIavg* of about 0.38. The remaining churches are also on a *mediocre* intelligibility scale, with the exception of V. Verde and Isidoro that classify as *fair* since they present values of about 0.47, which is probably explained by their smaller volume that enhances speech intelligibility (6).

It is expected for the *RASTI* value to be higher in the *front* zone of the church, however the average value for this zone never exceeds 0.60, which classifies these churches as *fair*, even at their presumed higher speech intelligibility zone.



Figure 10 – Mean *RASTI* values measured in each of the three zones (as in figure 8) of each sampled church.

Church	Front	Middle	Back	<i>RASTI</i> avg
AIRÃES	0.48	0.40	0.39	0.42
CETE	0.49	0.40	0.34	0.41
ESCAMARÃO	0.53	0.41	0.38	0.44
FERREIRA	0.46	0.38	0.33	0.39
GONDAR	0.49	0.43	0.40	0.44
ISIDORO	0.54	0.46	0.41	0.47
P. SOUSA	0.45	0.34	0.31	0.37
TELÕES	0.55	0.41	0.38	0.45
TRAVANCA	0.49	0.40	0.36	0.41
V. VERDE	0.51	0.46	0.43	0.47

Table 3 - RASTI average results in each of the three zones (defined in figure 8)

3.3 Regression Models

3.3.1 Reverberation Time

The calculated regression models according to the geometric parameters are presented in Table 4. After attempting to raise the correlation coefficient, a sub-set sample containing only the churches with a volume below 2000 m³ was chosen, as this is the usual size for most the Romanesque churches in this area.

Figure 11 shows that the church with the largest volume (Paço de Sousa), with almost a three times larger volume than Ferreira and Cête churches, presents an inferior $RT_{avg}(400-1.25k Hz)$. This may well be due to the abundance of wooden ornaments and surfaces, and probably because it has been recently renovated as a result of a fire accident. Cête church has a high $RT_{avg}(400-1.25k Hz)$ once compared to its counterparts with similar volumetric characteristics, which could be due to its arched features (coupled spaces) yet mainly because of its large height.

Geometric parameters	Regression models	R^2
V -Total Volume (m ³)	$RTavg = 0.5192 \ln(V) - 1.169$	0.74
V - Total Volume (sub-set < 2000 m ³)	$RTavg = 0.1955 V^{0.367}$	0.80
S - Surface Area (m ²)	$RTavg = 0.6915 S^{0.253}$	0.61
H - Maximum Height (m)	RTavg = 1.4346 ln(H) - 0.733	0.79
W - Maximum Width (m)	$RTavg = 1.5071 W^{0,243}$	0.24
L - Length (m)	RTavg = 1.3497ln(L) - 1.672	0.78
Vnave - Volume Nave (m ³)	$RTavg = 0.5102 \ln(Vnave) - 0.998$	0.75
Lnave - Length Nave (m)	$RTavg = 0.5865 Lnave^{0.537}$	0.83

Table 4 – Regression models among RTavg(400-1.25k Hz) and geometric parameters of each church.



Figure 11 (left) - Relationship between $RT_{avg}(400-1.25k Hz)$ and *Volume* for each church Figure 12 (right) - Relationship between $RT_{avg}(400-1.25k Hz)$ and *Volume* (subset V < 2000 m³).

3.3.2 RASTI

The *RASTI* regression values as a function of each geometric parameter are presented in Table 5. Unlike the data observed in the *RT*, these equations show the decrease in *RASTIavg* values as *Volume* increases. This illustrates that the acoustic quality of a church is strongly dependent on its *Volume*, which means that, the larger the volume, the more surface areas are available to produce destructive reflections, thus this will originate a lower speech intelligibility.

Geometric parameters	Regression models	R^2
V - Total Volume (m ³)	$RASTIavg = 0.7988 \text{ V}^{-0.087}$	0.87
V - Total Volume (sub-set < 2000 m ³)	$RASTIavg = -0.037 \ln(V) + 0.693$	0.64
S - Surface Area (m ²)	$RASTIavg = 0.7399 \text{ S}^{-0.108}$	0.81
H - Maximum Height (m)	$RASTIavg = 0.5333 e^{-0.022H}$	0.88
W - Maximum Width (m)	$RASTIavg = 0.5571 \text{ W}^{-0.127}$	0.48
L - Length (m)	$RASTIavg = 0.8453 L^{-0.218}$	0.85
Vnave - Volume Nave (m ³)	RASTIavg = 0.7678 Vnave ^{-0.084}	0.85
Lnave - Length Nave (m)	RASTIavg = -0.0055 Lnave $+ 0.515$	0.81

Table 5 – Regression between *RASTIavg* and the geometric parameters of each church

3.4 RASTI vs RT

Figure 13 demonstrates the relationship between $RT_{avg}(400-1.25k Hz)$ and the *RASTIavg* in this sample. The combination of these two parameters is important in order to understand and validate the veracity of the tests carried out, since they create a negative linear relationship in which high *RASTI* values are linked to low *RT* values.

Table 6 illustrates the best regressions between RASTI and isolated 1/3 octave frequency bands of the RT. The best regressions belong to the higher frequency bands (especially 1.25 and 2 kHz) which is probably partially due to the lower standard deviation value observed between these bands, demonstrating their homogeneity, and the importance of the RASTI values in this frequency domain.



Figure 13 – Relationship between mean $RASTI_{avg}$ and $RT_{avg}(400-1.25k Hz)$ values

-	-	-
1/3 octave frequency band (Hz)	Regression models	R^2
800	$RASTI_{avg} = -0.0611 RT_{800} + 0.587$	0.79
1000	$RASTI_{avg} = -0.0733 RT_{Ik} + 0.613$	0.83
1250	$RASTI_{avg} = -0.0736 RT_{1.25k} + 0.616$	0.88
1600	$RASTI_{avg} = -0.0704 RT_{1.6k} + 0.601$	0.91
2000	$RASTI_{avg} = -0.0771 RT_{2k} + 0.607$	0.86
2500	$RASTI_{avg} = -0.0821 RT_{2.5k} + 0.609$	0.82
3150	$RASTI_{avg} = -0.0976 RT_{3.15k} + 0.629$	0.82
4000	$RASTI_{avg} = -0.1142 RT_{4k} + 0.628$	0.77
RT _{avg} (400-1.25k Hz)	$RASTI_{avg} = -0.056 RT_{avg} + 0.571$	0.73

Table 6 – Best regressions between $RAST_{avg}$ and isolated RT 1/3 octave frequency
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3.5 RASTI vs RT and geometric parameters

The combination between $RASTI_{avg}$ and RT_{avg} values resulted in a high R^2 value, which represents that the mean RASTI values are strongly explained by the variations in RT_{avg} .

A multiple linear regression was elaborated with *RASTI* average values as a function of RT_{avg} and all geometric parameters (Table 7). The high values of R^2 (about 0.9) clearly show that there is a strong correlation among these parameters.

	parameters	
Geometric parameters	Regression models	R ²
V - Total Volume (m ³)	$RASTI_{avg} = -0.0324 RT_{avg} - 1.026 \times 10^{-5} \text{.V} + 0.529$	0.89
S - Surface Area (m ²)	$RASTI_{avg} = -0.0351 RT_{avg} - 1.158 \times 10^{-4} S + 0.540$	0.89
H - Maximum Height (m)	$RASTI_{avg} = -0.0156 RT_{avg} - 0.00706 H + 0.540$	0.88
W - Maximum Width (m)	$RASTI_{avg} = -0.0446 RT_{avg} - 0.003085 W + 0.569$	0.85
L - Length (m)	$RASTI_{avg} = -0.0225 RT_{avg} - 0.002479 L + 0.545$	0.87
Vnave - Volume nave (m ³)	$RASTI_{avg} = -0.0309 RT_{avg} - 1.363 \times 10^{-5} Vnave + 0.527$	0.89
Lnave - Length nave (m)	$RASTI_{avg} = -0.0186 RT_{avg} - 0.00399 Lnave + 0.538$	0.82

Table 7 – Multiple regressions of *RASTI* average values as a function of $RT_{avg}(400-1.25k Hz)$ and geometric

4. CONCLUSIONS

Regarding *RT*, none of the examined churches demonstrated the ideal acoustical values for speech (between 0.8 and 1.0 s), solely the ones of smaller volume attained a better performance (but we may need to remember that in Romanesque times, religious services were held in Latin...). This is also the result of the Romanesque constructive system that is a quite simple style, with small amounts of ornaments, and in this area, predominantly uses the granite, which causes strong reflections. The best RT_{avg} results belong to the churches with volume below 2000 m³, obtaining values between 1.6 and 2.5 s, which prove to be suitable for most musical purposes.

The values of speech intelligibility (*RASTI*) are in general *fair* and the worst results registered (about 0.38 in P. Sousa and Ferreira) can be justified by the fact that these were the churches with the largest *volume*.

The calculated regressions that were analyzed for RT and RASTI resulted in R^2 values that were all close to 0.9, which represents a positive correlation and reliable use of these models for prediction. The geometric parameter that most influenced Romanesque church acoustics was *Length of nave* (*Ln*) for the RT_{avg} , and *Height* for the $RASTI_{avg}$.

Maximum Width obtained very low individual R^2 values for both acoustic parameters (*RT* and *RASTI*); however, by crosschecking this feature with a multiple regression model, it reached figures close to the maximum.

The best regression in this paper, with an outstanding R^2 value of 0.91 was observed for the $RASTI_{avg}$ values as a function of the 1600 Hz 1/3 octave frequency band values.

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