

# **The challenges of Occupational Safety and Health PhD. Program (DemSSO)**

**(PhD. program of the University of Porto resulting from the cooperation of 12 of it's 14 faculties, based at FEUP)**

**UP – FEUP**

**António Barbedo de Magalhães**

# **1.- The goal of safety and health Studies:**

**Sustainable wellbeing for all**

## **2.- The new context:**

**The reality of the state is changing**

## **2.1.- Until 1945 the state rules over its subjects:**

**obedient, non critical, workers and soldiers**

## **2.2.- 1945-2010: The European welfare State, takes care of its children-citizens**

**The state had to provide security, health, education,**

**justice and welfare assistance for its citizens.**

**This was the ‘European Social Model’.**

**With the increase of life expectancy  
and the growing costs of:**

- Public health;**
- Education;**
- Retirement pensions and social assistance;**

**This model has no more sustainability.**

## **2.3.- From now on: The cooperative citizens' state**

**Universal education and informatic  
revolution**

**empowered the people.**

**Citizens have now the capacity to  
cooperate with the state  
and to become its full partners**

**and no more just subjects or  
beneficiaries.**

**Without a strong cooperation  
between  
citizens and state,**

**there will be no more viable welfare state.**

# **Alternatives.**

## **Example a)**

### **The ‘Expert Patients Initiative’:**

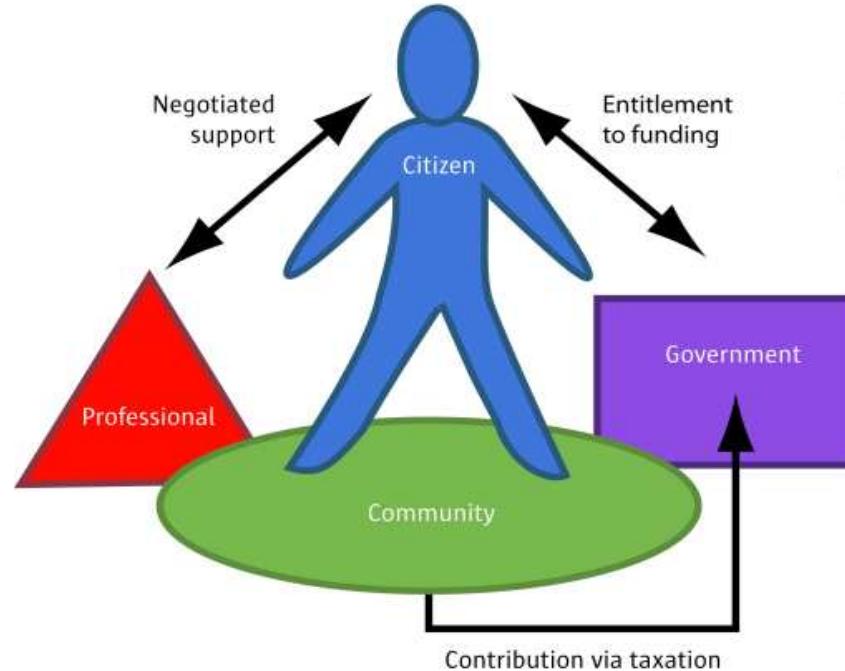
- **A New Approach to Chronic Disease Management for the 21st Century**
- **“my patients understand their disease better than I do.”**

## **Example b)**

### **Citizenship Model (Simon Duffy)**

<http://www.centreforwelfarereform.org/>

- **The Citizenship Model is a paradigm for organising the welfare state; the citizens manage and control their entitlements, in the context of their community of family and friends.**



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**This model contrasts with the Professional Gift Model, which remains the prevalent model for public services, whereby support is defined by professionals and given as a unilateral gift to needy people.**

## **2.4.- Conclusion:**

**The state must change with the active participation of well informed and formed, realistic, critical, creative, cooperative and responsible citizens.**

**Otherwise, both state and welfare are unsustainable.**

## **3.- What a PhD degree must be**

### **3.1.- How it was in the nineties**

**1992 – PhD degree confirms**

- a) that innovator and original contribution for the progress of knowledge has been done,**
- b) high level culture and**
- c) the capacity to do independent scientific work.**

## **3.2.- What is demanded now (D-L 74/2006)**

- a) Capacity for systematic understanding in one knowledge domain;**
- b) Research aptitudes and methods in one scientific domain;**
- c) Capacity to conceive, design and do research according to academic quality and integrity;**
- d) To have done original research contributing for the enlargement of the borders of knowledge and deserving international divulgation;**

- e) To be able to critically analyze , evaluate and synthesize new and complex ideas;**
- f) To be able of communicating with academic community and with society;**
- g) To be able to promote the technological, social or cultural progress in a society based on knowledge.**

### **3.3.- What it must really lead to**

**Capacity for deep observation of reality in context:**

- a) Historical**
- b) Cultural**
- c) Economic**
- d) Socio-political**
- e) Environmental**

**PhD must lead also to**

**Prospective vision,**

**Cooperative skills,**

**Ethics,**

**Concretisation skills and**

**Leadership**

# **4.- Challenges of Occupational Safety and Health PhD. Program (DemSSO)**

## **4.1.- 1st Challenge**

# **From monodisciplinarity to transdisciplinarity**

**1.1.- from specialized monodisciplinarity to multidisciplinarity,**

**using informations from different disciplines;**

**1.2.- from multidisciplinarity to interdisciplinarity,**

**through the mutual interaction and enrichment of clearly different disciplines;**

**1.3.- from interdisciplinarity to transdisciplinarity,**

**the holistic vision integrating scientific knowledge, philosophical conceptions, ethical values and behaviors, discipline and praxis.**

## **4.2.- 2nd Challenge**

**From hygiene and safety at workplace  
to the occupational safety and health  
for all, everywhere and in whatever  
situation**

**I – 1900 -1917**

**Safety and Health Conditions  
One Century Ago**



Wire drawers at the Cambria Iron Works, 1880s.

**William B. Hard came to investigate in 1907  
and attracted nation-wide attention with his  
article "Making Steel and Killing Men"**

**Hard estimated that each year 1,200  
men were killed or injured out of a  
work force of about 10,000.**

**When a man was killed on the job, there  
was only one chance in five that  
the company would ever have to pay  
compensation to his survivors.**

**From 1906 to 1910, the accident rates for immigrants at the South Works were double those for English-speakers.**

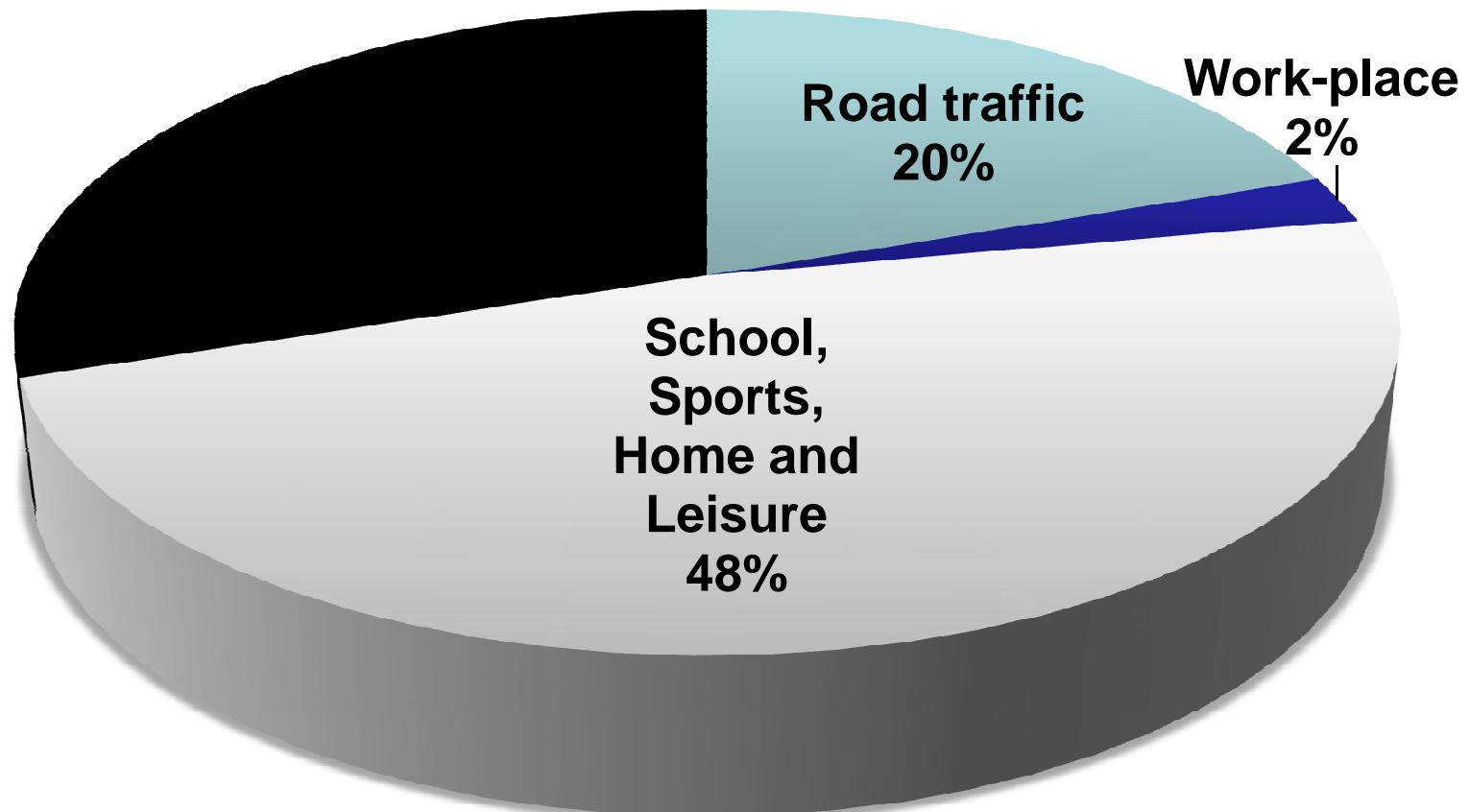
**Each year, about one-fourth of the immigrant workers were killed or injured on the job.**



**II – 2000 -2010**

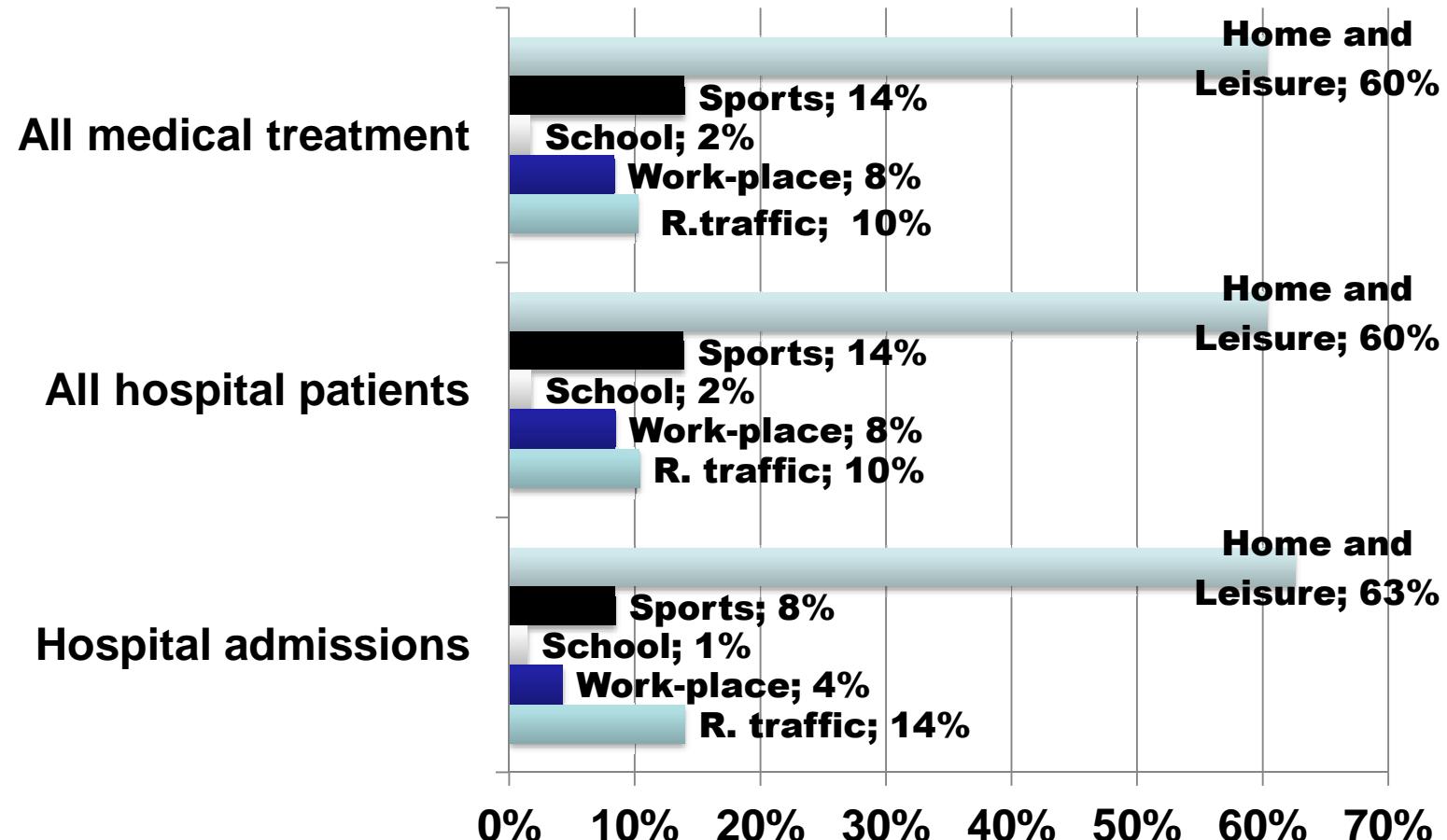
**Safety and Health Conditions  
Nowadays**

# FATAL INJURIES 2005-2007, in the EU by responsible prevention domain



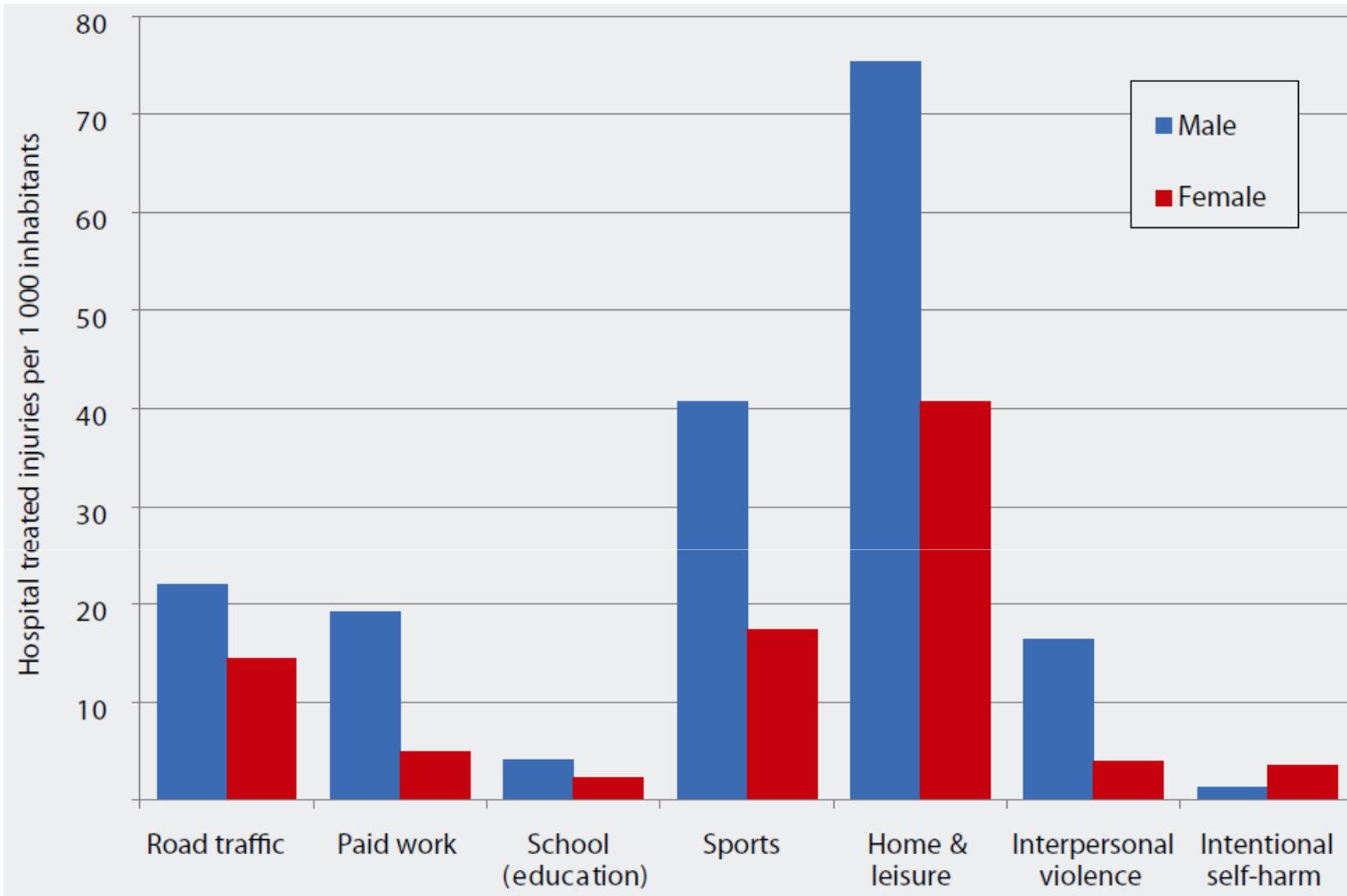
Source: based on data from "Injuries in the European Union: Statistics Summary 2005 – 2007" ([Bauer & Steiner, 2009](#))

# Total of UNINTENTIONAL INJURIES, in the EU, by responsible prevention domain (% of all injuries)



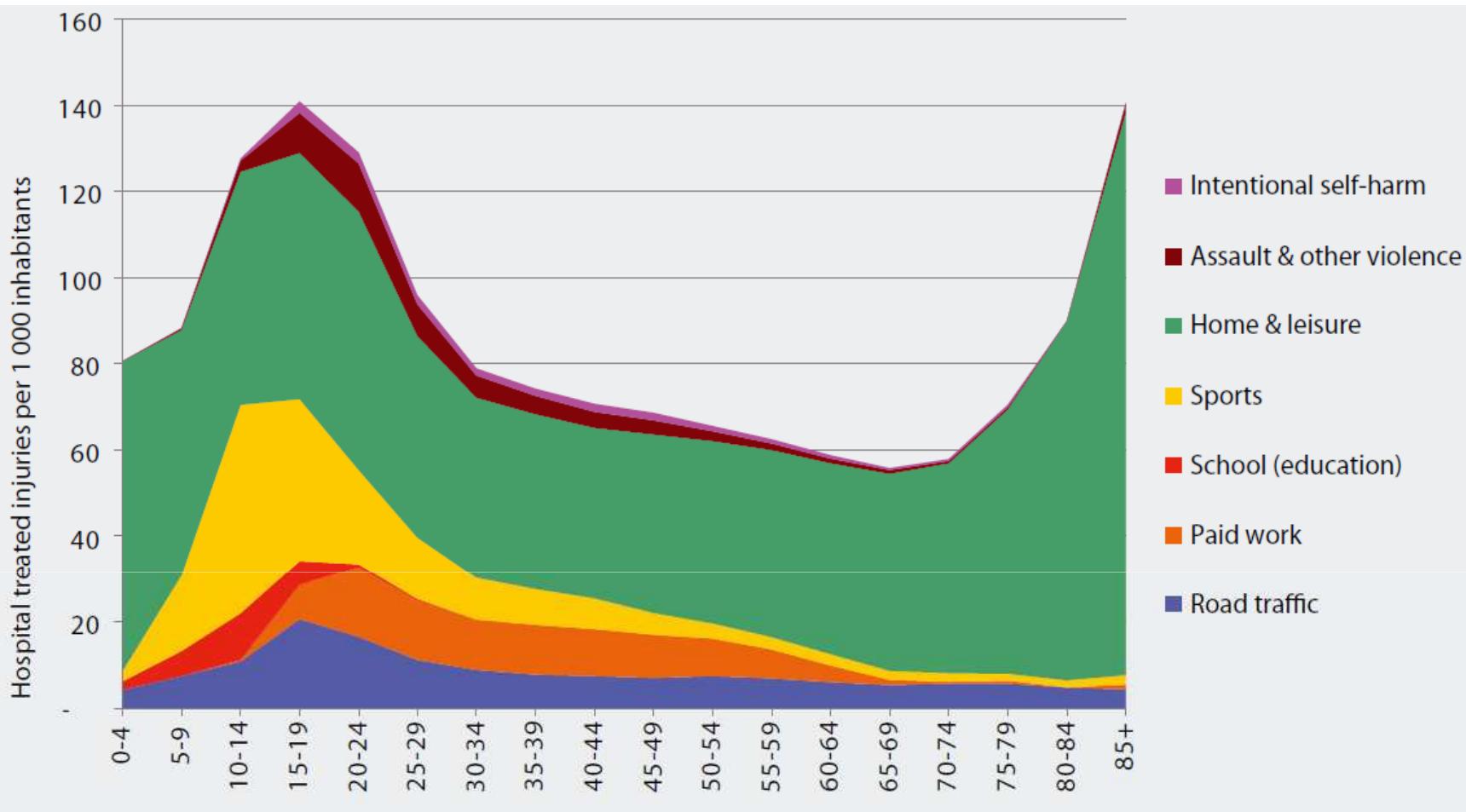
Source: based on data from "Injuries in the European Union: Statistics Summary 2005 – 2007" ([Bauer & Steiner, 2009](#))

# Hospital treated injuries per 1 000 inhabitants



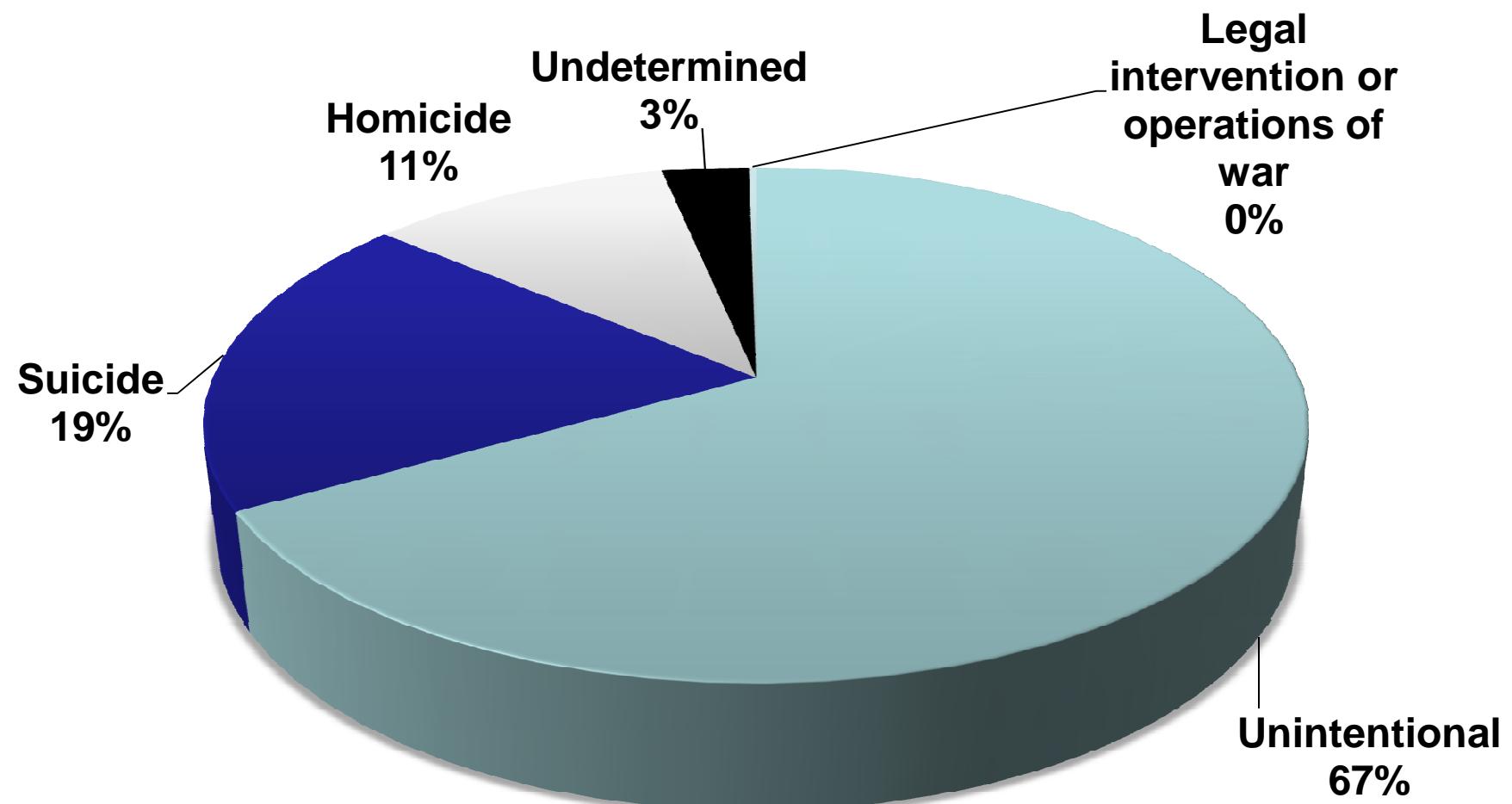
Source: "Injuries in the European Union: Statistics Summary 2005 – 2007" ([Bauer & Steiner, 2009, p. 11](#))

# Hospital treated injuries per 1 000 inhabitants



Source: "Injuries in the European Union: Statistics Summary 2005 – 2007" ([Bauer & Steiner, 2009, p. 30](#))

# Injury DEATHS and percent distribution, by intent: United States, 2003–2004



**From those results we conclude that effectively it is essential to develop the capacity for**

**deep observation of reality in context:**

- a) Historical**
- b) Cultural**
- c) Economic**
- d) Socio-political**
- e) Environmental**

**With an open mind,  
Without prejudice**

## **4.3.- 3rd Challenge**

### **To develop multidisciplinary cooperation**

**Between students and more then 80 researchers from 12 faculties and other knowledgeable people.**

## **4.4.- 4th Challenge**

# **To become a learning and competencies development community**

**Students and teachers are supposed to learn, to develop capabilities and to innovate in cooperation with each other**

**in the adventure of discovery they are all invited to pursue.**

## **4.5.- Finally**

**students and researchers, are  
challenged to lead the change  
and give a strong contribution for a  
better, safer and healthier world  
for all**

## **5.- Students are invited**

**To broaden their multidisciplinary and interdisciplinary knowledge;**

**to develop:**

**cooperative skills;**

**holistic vision and approach,**

**realistic, innovative and cooperative attitudes;**

**to become leaders of change**

## **6.- Two types of thesis**

- a)- deeper and innovative knowledge in a very specific and specialized subject ;**
- and/or**
- b)- the innovative linking and integration of already existing specialized knowledge from different fields.**



# **Sexualidade, segurança e saúde ocupacionais**

**17h45 – Chegada dos participantes e público e conversas informais**

**18h00 – Sebastião Feyo de Azevedo, Diretor da FEUP**

## ***Palavras de Abertura***

**18h05 – António Barbedo de Magalhães, Diretor do DemSSO**

### ***Os desafios do DemSSO***

**– Apresentação dos objetivos do debate e justificação do tema**

**18h20 – Alexandra Oliveira, Professora Auxiliar da FPCEUP, Investigadora do Centro de Ciências do Comportamento Desviante.** Os seus interesses de investigação relacionam-se com o género e a sexualidade, a norma, o desvio e a reação social, tendo vindo a dedicar as suas pesquisas ao trabalho sexual, em particular à prostituição. É autora dos livros «Andar na Vida: Prostituição de Rua e Reacção Social» (Almedina, 2011) e de «As vendedoras de ilusões: estudo sobre prostituição, alterne e strip tease» (Ed. Notícias, 2004).

### ***Trabalho Sexual, segurança e saúde***

**18h30 – Cátia L. Pires, Licenciada em Gerontologia (Escola Superior de Saúde da Universidade de Aveiro, ESSUA), Pós-graduada em Gestão da Qualidade em Serviços de Saúde (Universidade Católica Portuguesa, UCP) exerce funções de consultoria e auditoria de Sistemas de Gestão da Qualidade (SGQ) em vários modelos (NP EN ISO 9001:2008; MAQRS, ISS; EQUASS), com especial relevo em equipamentos sociais. Paralelamente, dedica o seu tempo a trabalhos relacionados com a sexualidade na pessoa idosa, sendo autora do capítulo "Explore a sua Sexualidade" no livro «Envelhecimento Activo».**

### ***Sexualidade das pessoas idosas, qualidade de vida e riscos***

**18h40 – Jorge Cardoso, psicólogo clínico, doutorado em Ciências Biomédicas pelo ICBAS da Universidade do Porto, terapeuta sexual acreditado pela Sociedade Portuguesa de Sexologia Clínica. Possui o grau de Especialista em Psicologia Clínica, pelo Ministério da Saúde, tendo exercido atividade clínica no Hospital Júlio de Matos até 2008. É Professor Associado no Instituto Superior de Ciências da Saúde Egas Moniz e investigador nos domínios da sexualidade humana, psicologia da saúde e psicologia da reabilitação, sendo docente convidado em diversos mestrados e pós-graduação nestas áreas. É autor do livro «Sexualidade e Deficiência» (Edit. Quarteto 2006).**

### ***Sexualidade(s) e Deficiência(s)***

**18h50- Henrique Barros, Professor Catedrático e Diretor do Departamento de Epidemiologia Clínica, Medicina Preditiva e Saúde Pública da FMUP, Presidente do Instituto de Saúde Pública da Universidade do Porto, Editor-associado do European Journal of Epidemiology e membro do conselho editorial das revistas BMC Public Health, Cadernos de Saúde Pública e Journal of Epidemiology and Community Health. Atualmente é o Coordenador Nacional para a Infeção VIH/Sida.**

### ***Vivência da sexualidade, segurança e saúde públicas***

**19h00 a 20h00 - Debate**

**Debate sobre**

***Sexualidade, segurança e  
saúde ocupacionais***

**PhD. Program (DemSSO)**

**UP – FEUP**

**António Barbedo de Magalhães**

**18h20 – Alexandra Oliveira (Psicóloga)**

**Centro de Ciências do Comportamento Desviante , FPCEUP :**

- género e sexualidade, norma, desvio e reação social,
- trabalho sexual, prostituição.

**Livros: 1. «Andar na Vida: Prostituição de Rua e Reacção Social» (Almedina, 2011)**

**2. «As vendedoras de ilusões: estudo sobre prostituição, alterne e strip tease» (Ed. Notícias, 2004).**

***Trabalho Sexual, segurança e saúde***

## **18h30 – Cátia Pires (Gerontóloga)**

- Auditoria de Sistemas de Gestão da Qualidade (SGQ);
- Sexualidade na pessoa idosa

**Capítulo “Explore a sua Sexualidade” no livro  
«Envelhecimento Activo».**

***Sexualidade das pessoas idosas,  
qualidade de vida e riscos***

**18h40 – Jorge Cardoso (Psicólogo clínico)**

**Instituto Superior de Ciências da Saúde Egas Moniz:**

**- sexualidade humana, psicologia da saúde e psicologia da reabilitação**

**Livros: «Sexualidade e Deficiência» (Edit. Quarteto 2006).**

***Sexualidade(s) e Deficiência(s)***

# **18h50 – Henrique Barros (Médico)**

**Diretor do Departamento de Epidemiologia Clínica, Medicina Preditiva e Saúde Pública da FMUP,**

**Presidente do Instituto de Saúde Pública da Universidade do Porto,**

**Coordenador Nacional para a Infeção VIH/Sida.**

**Editor-associado do European Journal of Epidemiology,**

**Membro do conselho editorial das revistas BMC Public Health, Cadernos de Saúde Pública e Journal of Epidemiology and Community Health**

***Vivência da sexualidade, segurança e saúde públicas***

## References

Bauer, R., & Steiner, M. (2009). *Injuries in the European Union: Statistics Summary 2005 – 2007*. Vienna: European Commission, Health and Consumers Directorate-General (DG Sanco).

Bergen G., Chen L. H., Warner M., Fingerhut L.A. (2008). *Injury in the United States: 2007 Chartbook*. Hyattsville, MD: National Center for Health Statistics. Available from:  
<http://www.cdc.gov/nchs/data/misc/injury2007.pdf>